

THE HARBOR - MARCH

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>1- 9:30 - 10:00 Morning Stretches/Spiritual Time 10:00- 11:00 Kick Ball/Tacile Time 11:00 - 1:00 Lunch/Socializing 1:00 -2:00 Sing Along/Sensory Time 2:00 -3:00 INLJ Videos/T.V. Time 4:00 Circle Time 4:00 - 6:00 Dinner Prep/Dinner</p>	<p>2- 9:30 - 10:00 Morning Stretches/Our Daily Bread 10:00- 11:00 Move to the Music/Tacile Time 11:00 - 1:00 Lunch/Socializing 1:00 -2:00 Tranquil Time 1:00 - 2:00 Sorting Colors/Sensory Group 2:00 - 3:00 Dr. Seuss Day/TV Time 4:00 Circle Time 4:00 - 6:00 Dinner Prep/Dinner</p>	<p>3- 9:30 - 10:00 Morning Stretches/Gather Videos 10:00 - 11:00 Chair Exercises/Tacile Time 11:00 - 1:00 Lunch/Socializing 1:00 -2:00 Tranquil Time 1:00 - 2:00 Pretty Nails/Sensory Time 2:00 - 3:00 Kool Aid Pie/TV Time 4:00 Circle Time 4:00 - 6:00 Dinner Prep/Dinner</p>	<p>4- 9:30 - 10:00 Morning Stretches/Music Videos 10:00 - 11:00 Sit and Be Fit/Tacile Time 11:00 - 1:00 Lunch/Socializing 1:00 - 2:00 Tranquil Time 1:00 - 2:00 Hand Massages/Sensory Time 2:00 - 3:00 Pound Cake/TV Time 4:00 Circle Time 4:00 - 6:00 Dinner Prep/Dinner</p>	<p>5- 9:30 - 10:00 Morning Stretches/Throwback Music 10:00 - 11:00 Kick Ball/Tacile Time 11:00 - 1:00 Lunch/Socializing 1:00 -2:00 Tranquil Time 1:00 - 2:00 Clipping Coupons/Sensory Time 2:00 - 3:00 Balloon Volleyball with Net/ TV Time 4:00 Circle Time 4:00 - 6:00 Dinner Prep/Dinner</p>	<p>6- 9:30 - 10:00 Morning Stretches/Current Events 10:00 - 11:00 Sit and Be Fit/Tacile Time 11:00 - 1:00 Lunch/Socializing 1:00 -2:00 Tranquil Time 1:00 - 2:00 Movie/Sensory Time 2:00 - 3:00 Puff Corn/TV Time 4:00 Circle Time 4:00 - 6:00 Dinner Prep/Dinner</p>	<p>7- 9:30 - 10:00 Morning Stretches/Old Sitcoms 10:00 - 11:00 Chair Exercises/Tacile Time 11:00 - 1:00 Lunch/Socializing 1:00 - 2:00 Table Games/Sensory Time 2:00 - 3:00 Snack and Chat/TV. Time 4:00 Circle Time 4:00 - 6:00 Dinner Prep/Dinner</p>
<p>8- 9:30 - 10:00 Morning Stretches/Spiritual Time 10:00- 11:00 Kick Ball/Tacile Time 11:00 - 1:00 Lunch/Socializing 1:00 - 2:00 Sing Along/Sensory Time 2:00 - 3:00 INLJ Videos/T.V. Time 4:00 Circle Time 4:00 - 6:00 Dinner Prep/Dinner</p>	<p>9- 9:30 - 10:00 Morning Stretches/Our Daily Bread 10:00- 11:00 Move to the Music/Tacile Time 11:00 - 1:00 Lunch/Socializing 1:00 -2:00 Tranquil Time 1:00 - 2:00 Craft/Sensory Group 2:00 -3:00 Facials/TV Time 4:00 Circle Time 4:00 - 6:00 Dinner Prep/Dinner</p>	<p>10- 9:30 - 10:00 Morning Stretches/Gather Videos 10:00 - 11:00 Chair Exercises/Tacile Time 11:00 - 1:00 Lunch/Socializing 1:00 -2:00 Tranquil Time 1:00 - 2:00 Pretty Nails/Sensory Time 2:00 - 3:00 Sun Catchers/TV Time 4:00 Circle Time 4:00 - 6:00 Dinner Prep/Dinner</p>	<p>11- 9:30 - 10:00 Morning Stretches/Music Videos 10:00 - 11:00 Sit and Be Fit/Tacile Time 11:00 - 1:00 Lunch/Socializing 1:00 -2:00 Tranquil Time 1:00 - 2:00 Hand Massages/Sensory Time 2:00 - 3:00 Johnny Apple Seed Day/TV Time 4:00 Circle Time 4:00 - 6:00 Dinner Prep/Dinner</p>	<p>12- 9:30 - 10:00 Morning Stretches/Throwback Music 10:00 - 11:00 Kick Ball/Tacile Time 11:00 - 1:00 Lunch/Socializing 1:00 -2:00 Tranquil Time 1:00 -2:00 Posty Reading/Sensory Time 2:00 -3:00 Plant a Flower/TV Time 4:00 Circle Time 4:00 - 6:00 Dinner Prep/Dinner</p>	<p>13- 9:30 - 10:00 Morning Stretches/Current Events 10:00 - 11:00 Sit and Be Fit/Tacile Time 11:00 - 1:00 Lunch/Socializing 1:00 -2:00 Tranquil Time 1:00 - 2:00 Movie/Sensory Time 2:00 - 3:00 Puff Corn/TV Time 4:00 Circle Time 4:00 - 6:00 Dinner Prep/Dinner</p>	<p>14- 9:30 - 10:00 Morning Stretches/Old Sitcoms 10:00- 11:00 Chair Exercise/Tacile Time 11:00 - 1:00 Lunch/Socializing 1:00 - 2:00 Table Games/Sensory Time 2:00 - 3:00 Snack and Chat/TV. Time 4:00 Circle Time 4:00 - 6:00 Dinner Prep/Dinner</p>
<p>15- 9:30 - 10:00 Morning Stretches/Spiritual Time 10:00- 11:00 Kick Ball/Tacile Time 11:00 - 1:00 Lunch/Socializing 1:00 -2:00 Sing Along/Sensory Time 2:00 -3:00 INLJ Videos/T.V. Time 4:00 Circle Time 4:00 - 6:00 Dinner Prep/Dinner</p>	<p>16- 9:30 - 10:00 Morning Stretches/Our Daily Bread 10:00- 11:00 Move to the Music/Tacile Time 11:00 - 1:00 Lunch/Socializing 1:00 -2:00 Tranquil Time 1:00 - 2:00 Picture Perfect Day/Sensory Group 2:00 - 3:00 Irish Music/TV Time 4:00 Circle Time 4:00 - 6:00 Dinner Prep/Dinner</p>	<p>17- 9:30 - 10:00 Morning Stretches/Gather Videos 10:00 - 11:00 Chair Exercises/Tacile Time 11:00 - 1:00 Lunch/Socializing 1:00 -2:00 Tranquil Time 1:00 - 2:00 Pretty Nails/Sensory Time 2:00 - 3:00 St. Patrick's Day Party/TV Time 4:00 Circle Time 4:00 - 6:00 Dinner Prep/Dinner</p>	<p>18- 9:30 - 10:00 Morning Stretches/Music Videos 10:00 - 11:00 Sit and Be Fit/Tacile Time 11:00 - 1:00 Lunch/Socializing 1:00 -2:00 Tranquil Time 1:00 - 2:00 Hand Massages/Sensory Time 2:00 - 3:00 Balloon Volleyball/TV Time 4:00 Circle Time 4:00 - 6:00 Dinner Prep/Dinner</p>	<p>19- 9:30 - 10:00 Morning Stretches/Throwback Music 10:00 - 11:00 Kick Ball/Tacile Time 11:00 - 1:00 Lunch/Socializing 1:00 -2:00 Tranquil Time 1:00 - 2:00 Folding Clothes/Sensory Time 2:00 - 3:00 Strawberry Milkshakes/TV Time 4:00 Circle Time 4:00 - 6:00 Dinner Prep/Dinner</p>	<p>20- 9:30 - 10:00 Morning Stretches/Current Events 10:00 - 11:00 Sit and Be Fit/Tacile Time 11:00 - 1:00 Lunch/Socializing 1:00 -2:00 Tranquil Time 1:00 - 2:00 Movie/Sensory Time 2:00 - 3:00 Puff Corn/TV Time 4:00 Circle Time 4:00 - 6:00 Dinner Prep/Dinner</p>	<p>21- 9:30 - 10:00 Morning Stretches/Old Sitcoms 10:00- 11:00 Chair Exercises/Tacile Time 11:00 - 1:00 Lunch/Socializing 1:00 - 2:00 Table Games/Sensory Time 2:00 - 3:00 Snack and Chat/TV. Time 4:00 Circle Time 4:00 - 6:00 Dinner Prep/Dinner</p>
<p>22- 9:30 - 10:00 Morning Stretches/Spiritual Time 10:00- 11:00 Kick Ball/Tacile Time 11:00 - 1:00 Lunch/Socializing 1:00 - 2:00 Sing Along/Sensory Time 2:00 - 3:00 INLJ Videos/T.V. Time 4:00 Circle Time 4:00 - 6:00 Dinner Prep/Dinner</p>	<p>23- 9:30 - 10:00 Morning Stretches/Our Daily Bread 10:00 - 11:00 Move to the Music/Tacile Time 11:00 - 1:00 Lunch/Socializing 1:00 -2:00 Tranquil Time 1:00 - 2:00 Fruit Loop Necklaces/Sensory Group 2:00 -3:00 Sock Hop/TV Time 4:00 Circle Time 4:00 - 6:00 Dinner Prep/Dinner</p>	<p>24- 9:30 - 10:00 Morning Stretches/Gather Videos 10:00 - 11:00 Chair Exercises/Tacile Time 11:00 - 1:00 Lunch/Socializing 1:00 -2:00 Tranquil Time 1:00 - 2:00 Pretty Nails/Sensory Time 2:00 - 3:00 Coffee Cake and Coffee/TV Time 4:00 Circle Time 4:00 - 6:00 Dinner Prep/Dinner</p>	<p>25- 9:30 - 10:00 Morning Stretches/Music Videos 10:00 - 11:00 Sit and Be Fit/Tacile Time 11:00 - 1:00 Lunch/Socializing 1:00 -2:00 Tranquil Time 1:00 - 2:00 Hand Massages/Sensory Time 2:00 - 3:00 Graceland Day/TV Time 4:00 Circle Time 4:00 - 6:00 Dinner Prep/Dinner</p>	<p>26- 9:30 - 10:00 Morning Stretches/Throwback Music 10:00 - 11:00 Kick Ball/Tacile Time 11:00 - 1:00 Lunch/Socializing 1:00 -2:00 Tranquil Time 1:00 -2:00 Reminiscing Sensory Time 2:00 - 3:00 Birthday party/TV Time 4:00 Circle Time 4:00 - 6:00 Dinner Prep/Dinner</p>	<p>27- 9:30 - 10:00 Morning Stretches/Current Events 10:00 - 11:00 Sit and Be Fit/Tacile Time 11:00 - 1:00 Lunch/Socializing 1:00 -2:00 Tranquil Time 1:00 - 2:00 Movie/Sensory Time 2:00 - 3:00 Puff Corn/TV Time 4:00 Circle Time 4:00 - 6:00 Dinner Prep/Dinner</p>	<p>28- 9:30 - 10:00 Morning Stretches/Old Sitcoms 10:00- 11:00 Chair Exercise/Tacile Time 11:00 - 1:00 Lunch/Socializing 1:00 - 2:00 Table Games/Sensory Time 2:00 - 3:00 Snack and Chat/TV. Time 4:00 Circle Time 4:00 - 6:00 Dinner Prep/Dinner</p>
<p>29- 9:30 - 10:00 Morning Stretches/Spiritual Time 10:00- 11:00 Kick Ball/Tacile Time 11:00 - 1:00 Lunch/Socializing 1:00 -2:00 Sing Along/Sensory Time 2:00 - 3:00 INLJ Videos/T.V. Time 4:00 Circle Time 4:00 - 6:00 Dinner Prep/Dinner</p>	<p>30- 9:30 - 10:00 Morning Stretches/Our Daily Bread 10:00- 11:00 Move to the Music/Tacile Time 11:00 - 1:00 Lunch/Socializing 1:00 -2:00 Tranquil Time 1:00 - 2:00 Egg Toss/Sensory Group 2:00 - 3:00 Bacon Aroma Therapy/TV Time 4:00 Circle Time 4:00 - 6:00 Dinner Prep/Dinner</p>	<p>31- 9:30 - 10:00 Morning Stretches/Gather Videos 10:00 - 11:00 Chair Exercises/Tacile Time 11:00 - 1:00 Lunch/Socializing 1:00 -2:00 Tranquil Time 1:00 - 2:00 Pretty Nails/Sensory Time 2:00 - 3:00 Spelling Bee/TV Time 4:00 Circle Time 4:00 - 6:00 Dinner Prep/Dinner</p>				